



PSHE

Intent

Our School Values

Working **T**ogether
happiness
 achieving **o**ur potential
fairness and equality
kindness
 safety and **s**ecurity

Our Behaviour Charter

Be Safe **G**ood presentation-|Work and self
Be Kind **R**espectful- people and property
Be Great **E**mbrace challenge- Have a go; take a risk
Aim high- aspire and achieve
Try your best- use your 'learning powers'

Subject Intent

We want children to develop towards the Jigsaw © Attainment descriptors

What structure is this based upon?

In Early Years, personal, social and emotional development is one of the 7 key areas of focus within EYFS.
 In Years 1-6, the guidance from 'PSHE Education' and statutory 'Relationships Education, RSE and Health Education' from the DfE provides the basis of our planning, linked to and supplemented and supported by guides for learning in Jigsaw ©

How is it organised?

PHSE is taught as discrete subject and is planned as half term units with six units per year. It is structured to enable revisiting of knowledge and skills each year in six main areas:
 Autumn 1 Being Me in My World
 Autumn 2 Celebrating Differences
 Spring 1 Dreams and Goals
 Spring 2 Healthy Me
 Summer 1 Relationships
 Summer 2 Changing Me.

Each year group studies the same unit called a 'Puzzle' at the same time of year to enable a whole school cohesive and focused approach, with the content being adapted to suit the age of the children. Each 'Puzzle' has an assembly to begin the unit.

Why is it important?

The rationale and philosophy underpinning the Jigsaw © PHSE resource is based on mindfulness philosophy and practice, sound psychology and is evidence-based. At Thorns, we aim to improve their capacity to learn, their resilience and emotional well-being and mental health and thereby enhance their life-chances. This is alongside developing knowledge about themselves physically and emotionally growing up in an ever changing world. It is important that is a well-sequenced set of units.

What knowledge will they learn?

Each puzzle is made up of 'pieces'. Each piece has two learning intentions: one is based on the PSHE Relationships and Health Education; the other is on emotional literacy and social skills.

What skills and concepts will they develop?

Children will build a positive self-image, sense of identity and a healthy relationship with self and development of relationship with others.

What opportunities are there to develop Learning Powers in this subject?

Curiosity e.g Having questions about their lives and the world in which they live
Concentration e.g when listening to others in discussion
Resilience e.g to continue to persevere with a problem
Co-operation e.g able to discuss ideas with others
Self-improvement e.g having opportunity to revisit a Jigsaw theme and gain a deeper and broader understanding each year